

SECTION 1: SETTING THE CONTEXT

OBJ: Sports and free time activities

1. Observe the images and answer the questions about you:

- Observa las imágenes y responde las preguntas sobre ti.



What is your favorite sport or free time activity?

.....

What do you need to play or to do it?

.....

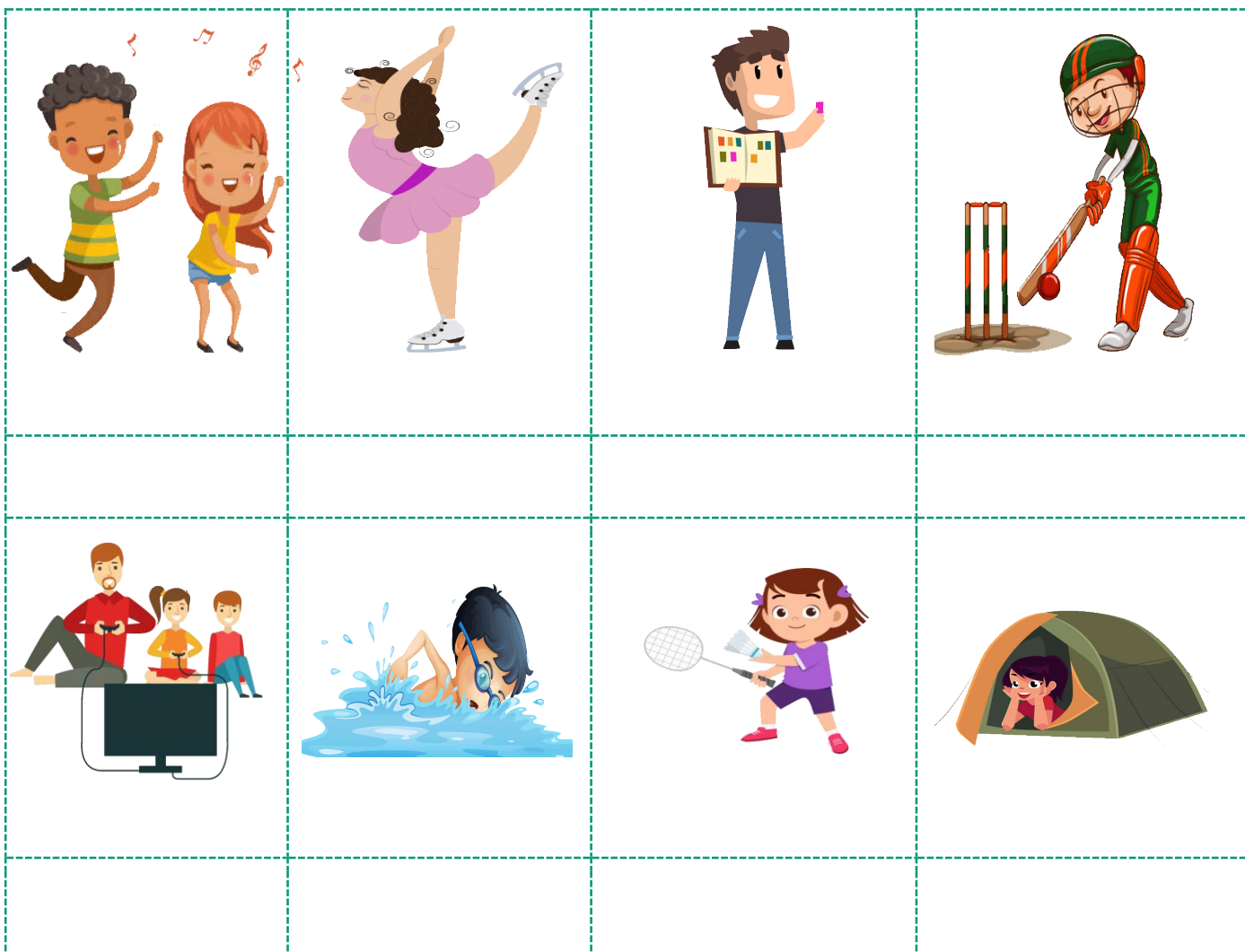
Is there a sport or free time activity you don't like? Which one?

.....

2.Observe the images and label them with the corresponding sports and activities.

- Observa las imágenes y etiquétalas con los deportes y actividades correspondientes.

A) Cricket B) Figure skating C) Swimming D) Go dancing E) Go camping F) Badminton G) Playing video games H) Collecting



3. According to the previous activity, classify the sports and activities into the following categories. Write a ✓.

- De acuerdo a la actividad previa, clasifica los deportes y las actividades en las siguientes categorías. Escribe un ✓.

sports and activities	outdooractivity	team sport	individual sport	indooractivity
Cricket	✓	✓		
Figure skating				
Swimming				
Godancing				
Go camping				
Badminton				
Playing video games				
Collecting				

4. Label the images with the correct words.

- Etiqueta las imágenes con las palabras correctas.

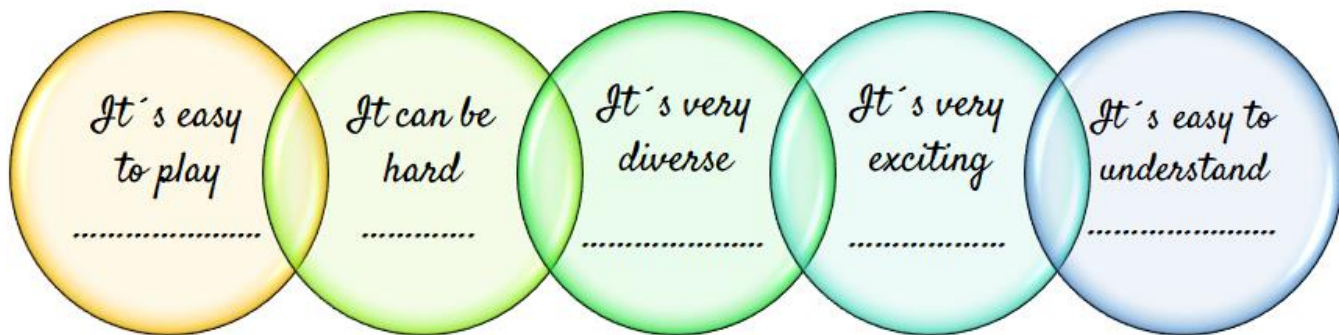
a) gloves b) skates c) bat d) ball e) helmet f) goggles g) net h) racket i) sneakers j) Stick



5. Read the following characteristics and write a sport for each one of them.

- Lee las siguientes características y escribe un deporte para cada uno de ellos.

The sport.....



SECTION 2: LET'S PRACTICE

Women and Sport

1. Read the text and underline all the sports you can find.

- Lee el texto y subraya todos los deportes que puedas encontrar.

Women and Sport *Changing attitudes?*

In the nineteenth century in Britain, sport was not considered a suitable pastime for a woman. It was associated with male physical strength and intense competition, whereas women were expected to be much gentler and less energetic. Middle-class women were, however, spectators at events like horse racing and cricket matches, and they did play slow games of tennis, badminton and croquet. If they played with men, the men were careful not to hit the ball too hard and to give the ladies every possible advantage. Richer women had the opportunity to take up sporting hobbies such as riding and hunting, as long as they behaved in a feminine manner. As women's clothes became looser and lighter towards the end of the century, cycling became popular with women of all social classes. Special sportswear was designed for other games; it carefully hid the body's real shape so that women would remain respectable.



With the new century, many more women participated in a much wider range of sports - cricket, golf, hockey, and swimming, among others. On the whole, though, they played separately from men. And it is still true that mixed sports are common at the social level but not in competitions. Many women favor the development of mixed participation and believe that in many sports women could compete successfully with men if they had the same opportunities and training.

Text taken from: <https://www.awesomestories.com/>

Vocabulary words

suitable: adecuado

strength: fuerza

pastime: pasatiempo

sportswear: ropa deportiva

2. Read the text carefully and circle the correct word.

- Lee el texto cuidadosamente y encierra en un círculo la palabra correcta.
 - a) **Leisure/sport/study** was considered a suitable pastime in the nineteenth century in Britain.
 - b) Women were considered much gentler and **more/less/enough** energetic than men.
 - c) Riding and hunting were sporting **hobbies/duties/habits** for richer women.
 - d) At the end of the nineteenth century, **croquet/tennis/cycling** became popular with women of all social classes.
 - e) In the **18th/19th/20th** century more women participated in a great variety of sports like golf, hockey among others.
 - f) Middle- class women were **participants/spectators/competitors** at events like horse racing and **football/basketball/cricket** matches.

3. Read the text again and complete the table.

- Lee el texto nuevamente y completa la tabla.

Century	Women's sports
nineteenth	★ Tennis ★ ★ ★
twentieth	★ ★ ★ ★